

USE YOUR NOGGIN!

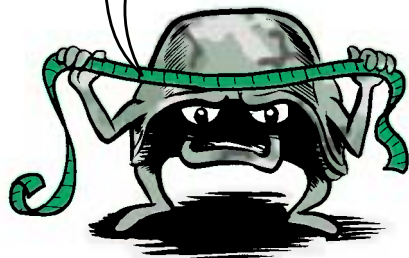


Your Kevlar® helmet is your first line of defense on the battlefield. Make sure it's a strong defense by wearing it and caring for it properly.

First, make sure you have the right fit. Your helmet shouldn't be so big that it blocks your vision, or so small that ventilation, comfort and safety suffer.

Your issuing facility should measure your head before issuing the helmet. They can get the calipers with NSN 5210-01-434-9493 and measuring tape with NSN 8315-00-782-3520. A properly fitted helmet should leave a 1/2-in space between your head and the helmet. You can find more about sizing

MEASURE YOUR HEAD
FOR A PROPER FIT.



procedures in Natick Pam 70-2, *This is Your Ballistic Helmet*, on-line at:

<http://www.sbccom.army.mil>

First, click on Products, then Clothing and Individual Equipment, then Ballistic/Personal Protection, then Helmet, Kevlar® PASGT fitting instructions.

Helmet NSNs

TM 10-8400-203-23 lists X-small, small, medium and large helmets, but you can also get X-large.

Here are the the NSNs for the helmet shell with suspension, headband and chin strap:

Size	NSN 8470-01-
X-small	092-7525
Small	092-7526
Medium	092-7527
Large	092-7528
X-large	300-3819

Keeping Helmets Clean

The suspension assembly, headband, chin strap, parachutist retention strap,

parachutist pad, parachutist impact liner, helmet cover, and helmet shell should be washed with mild soap and warm water and then air dried.

Replacement Parts

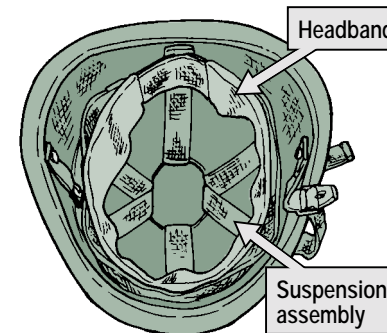
KEEP ME IN
FIGHTING SHAPE WITH
THESE PARTS.



Item	NSN
Camouflage band	8415-01-110-9981
<i>Cover, woodland pattern</i>	
X-small/small	8415-01-092-7514
Medium /large	8415-01-092-7515
X-large	8415-01-303-8945
<i>Cover, desert pattern</i>	
X-small/small	8415-01-327-4824
Medium/large	8415-01-327-4825
X-large	8415-01-327-4826
<i>Cover, white</i>	
X-small/small	8415-01-144-1860
Medium/large	8415-01-144-1861
Cover, chemical protective	8415-01-111-9028
Post, chin strap	8470-01-144-5367
Screw, chin strap	8470-01-144-2811
Washer, chin strap	8470-01-144-2812

Item	NSN
Chin strap	8470-01-092-7534
<i>Headband, improved *</i>	
X-small	8470-01-442-1434
Small /med /large	8470-01-442-1429
X-large	8470-01-442-1430
Screw, suspension mounting	8470-01-144-2813
A-nut, suspension mounting	8470-01-144-5368
<i>Suspension assembly, improved *</i>	
X-small	8470-01-442-2969
Small	8470-01-442-2990
Medium	8470-01-442-2995
Large	8470-01-442-3001
X-large	8470-01-442-3021

* The improved headband and the improved suspension assembly should be used together.



You can get the parachutist pad using NSN 8470-01-092-8494, the retention strap with NSN 8470-01-092-7524, and the parachutist impact liner with NSN 8465-01-420-4920.

Need more information on repair and maintenance procedures? Check out Chap 19 of TM 10-8400-203-23.